

- Gobale dates: all depending on weather.
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- Early to late April, I sail to and stay in Friesland.
- 1 May, crossing to Helgoland
- 5 May, direction Kiel
- 10 May, Kiel Aeroskobing
- 20 May Aeroskobing Ystad
- 1 June, Ystad Mem
- 1 July, Entry into Göta Canal, Lakes Sweden and Gothenburg (fly-in)
- 1 September, Gothenburg Middelfart (or Copenhagen) (embarkation flying back)
- 15 September, Helgoland Leiden via Friesland
- 1 Oct mooring harbour Leiden for 3-October celebrations
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- What definitely not to bring: a rolling suitcase or other type of suitcase.
- A duffel bag and/or backpack is fine.
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What to bring. We're heading into summer so light summer clothes, you'll find that you use almost no clothes on board, sailing we basically do inside because that's where all the equipment is. If it is cold, we just turn on the heater. When the weather is nice, sailing outside is always an option. I have a small washing machine and can-do laundry on board.

- - A sitting bath with shower but. . . .
- - Showering on board is not possible because the washing machine is in there (choices)
- - There is a bathroom with a door.
- - A sink with cold and hot running water (the latter limited and dependent on sailing or shore power)
- - An electric toilet
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- I have 6 extra life jackets on board.
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Clothes: (I am a size 50, so I think you can wear a lot of mine as my wardrobe does not offer that much space and washing can be done on board))

- 5 or 6 T-shirts (nice and long so you don't have to),
- Underwear (I don't use that),
- Trousers 1 pair of jeans, 1 pair of track trousers (easiest to move around in), possibly a third pair,
- 2 shorts,
- Socks (I always run barefoot),
- 1 or 2 jumpers,
- 1 pair of walking shoes, 1 pair of light summer shoes, water shoes, flip-flops and/or a pair of rubber boarding shoes.
- 1 cap or hat (although I have several on board), a summer windbreaker, no rainwear because in bad weather we sit or sail inside and I have enough hanging mackintoshes for a walk
- Towels, Bath towels, flannels enough on board, so don't bring.

Equipment:

- Phone, IPAD or laptop + chargers (USB and 220v on board),
- Shaving equipment (I shave wet and have an extra set and new blade head)
- Clippers available on board,
- Toothbrush I have 2 electric oral-B, new head on it and you can use 1. So don't bring your own.
- No soap, shampoo, mosquito spray, first aid kit, sunburn etc. enough on board,

Other:

- Passport, ID card or driving licence

- Medicines if you use them.
- Glasses/Lenses +reserve (possibly a line for your glasses)
- Sunglasses
- Hearing aid
- Bring your own pillow if you wish (There are two extra on board)

The only thing to be paid in advance is the booking of the Göta Canal and the diesel used for the canal.

About the costs I list here for sailing along and only for Göta Canal from 1 July to 1 September

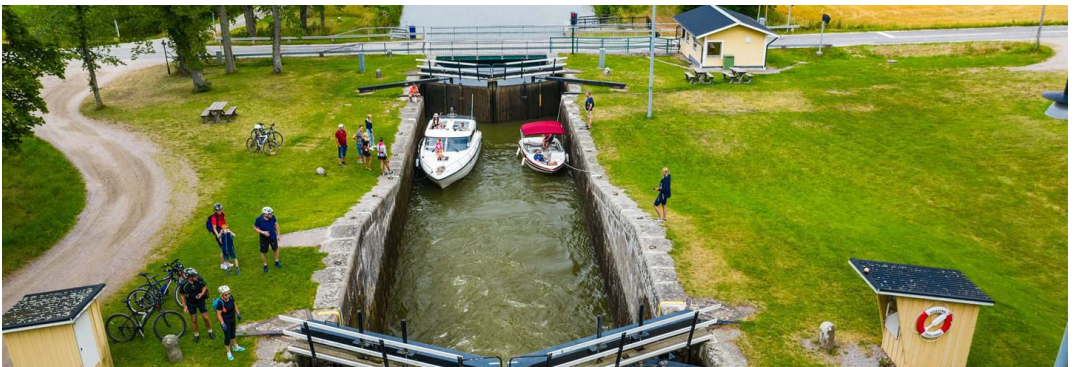
Basically, we share the costs 50-50 for Household fee, Diesel, Harbor fees and Göta Canal. Together we decide whether to call at a port or not. I have the experience in that and know most ports. For port fees to Denmark, I spent €356 in 2022.

- The currency is the Swedish krona 1 krona is €0.09.
- You can also use debit cards 99% everywhere in Sweden, just make sure your debit card is set for payments in Europe.
- Household money, I have a RABO account that we can use from which we pay (withdraw) everything except Diesel and Göta Canal, which I pay in advance. When the pot gets empty, we both add an agreed amount. What remains after the trip we share again.

- The Göta Canal is booked by me somewhere in mid-June, and costs about €771.
- I will fill up with diesel on the outward journey tax-free at Helgoland and before or in the canal I will have to fill up again about 260Ltr. Based on a canal passage of 75 engine hours a 4 ltr/hour. I expect to pay a diesel price of €2.20 for that (75x4x€2.20=€660,-

Port fees are in our own control. Port fees along the entire canal are included in the canal ticket. There are about 21 ports along the entire Göta Canal and in each port you are allowed to stay up to 5 nights inclusive.

- Once we sail on the Lakes in Sweden, those ports are exclusive and probably range from €15-25 per night. But you can also drop your anchor in a nice bay and it costs nothing. I have a new 4-person dinghy with outboard motor hanging in the Davids, so we can always get to shore.
- Lock complex Gothenburg (Trollhätte Canal) 1100SEK (€98,-) This has to be paid on the spot and can therefore be taken out of the household pot.
- Fixed costs Gota canal and diesel canal so about €1431,- So € 715,- pp
- - + housekeeping money, (€300,-/ppmonth.)



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